

# Shady Lane School Parent Newsletter November 2020

For questions and comments, contact Julie at  
[onlinelearning@shadylane.org](mailto:onlinelearning@shadylane.org)

## How to Help Your Child Develop Empathy

An article from [zerotothree.org](http://zerotothree.org)

<https://www.zerotothree.org/resources/5-how-to-help-your-child-develop-empathy>

## To Create a Math-Friendly Home

Try some of the attached ideas from [sis4teachers.com](http://sis4teachers.com)

[Create a Math-Friendly Yard](#)

[Create a Math-Friendly Bathroom](#)

[Create a Math-Friendly Kitchen](#)

[Create a Math-Friendly Living Room/Bedroom](#)

## How To Help Your Kids Reframe Their Anxiety — And Reclaim Their Superpowers

<https://www.npr.org/2020/11/11/933797230/how-to-help-your-kids-reframe-their-anxiety-and-reclaim-their-superpowers>

“I believe that what we become depends on what our fathers teach us at odd moments, when they aren't trying to teach us. We are formed by little scraps of wisdom.”

— **Umberto Eco**, [Foucault's Pendulum](#)



## Exploring Pittsburgh

I have been exploring Pittsburgh over the past few months, and I would like to share some of my discoveries:  
[South Side Rock Snake](#) – Children are invited to decorate a rock and take it to the South Side Heritage Trail parking lot (under the steel workers statue)  
[Frick Park Trails](#) – there are some wonderful trails in the park, but many require a longish walk for a young child. There are some great trails at Frick Park, where the Bowling Greens are on Reynolds Street. They are very close to the main park, but you feel like you're in the forest! Check out the Homewood Trail.



## Important Dates...

- [Thanksgiving Break](#) - Shady Lane Closed - Thursday 11/26 – Friday 11/27
- The Silver Classroom is collecting donations of nonperishable food items for local churches and food banks. Donations will be accepted through December 14<sup>th</sup>
- [Winter Break](#) - Shady Lane Closed Thursday, 12/24 – Friday, 1/1

## Are you looking to diversify your bookshelf?

Try [HereWeeRead.Com](http://HereWeeRead.Com)

Find books for equity, diversity and inclusion.

[HEREWEEREAD](http://HEREWEEREAD)

## 3 Ideas to Support Your Family's Anti-Racism Journey

<https://www.pbs.org/parents/thrive/3-ideas-to-support-your-familys-anti-racism-journey>

## Carnegie Library's Booklists for All Ages and Grades

<https://www.carnegielibrary.org/find-that-just-right-read-with-booklists-for-all-ages-and-grades/>